



Building the Light Body

Ascending to heaven in a ‘chariot of fire’

29 August – 5 September 2019

led by Peter & Sarah Dawkins

St Columba Hotel, Isle of Iona, Argyll, Scotland

As we cross the threshold from one Great Age to another, we live in a time of immense creativity as well as destruction. This gives each of us a very great opportunity to build our light-bodies—our “chariots of fire” as they are called in biblical-cabbalistic symbolism.

This light-body or chariot of fire is also known as the Ascension body. It is what is created when the good, loving heart is rescued and raised, as told in the myth of Dionysus and demonstrated as a reality by Jesus Christ to his disciples. The prophet Elijah is also recorded as having ascended to heaven in a “chariot of fire”, accompanied by a “whirlwind” and witnessed by his disciple Elisha.

As explained in the Dionysian myth, it is the goddess Pallas Athena, aided by Apollo, who rescues and raises the heart of Zagreus, building around it a new body of light so that Zagreus becomes Dionysus, ‘Son of God’. Athena, the Tenth Muse, is the goddess of inspiration and the arts—and there is an art in building this light body. It is possible to learn this art, and so this Iona retreat will be dedicated to this.

Iona is a perfect place in which to learn about, train ourselves in and develop our light bodies. The island is a stunning example of sacred landscape in which the angels heal, inspire and teach. It is a place of inspiration and revelation, where the veil between heaven and earth is very thin and the presence of the masters and angels can be more easily felt and experienced. Its Celtic name, *Ioua*, is a name of God as the Holy Spirit of Love. Traditionally symbolised by the Dove, this Name or spiritual vibration has a form, and this energy form is imprinted on the island in various ways, one of them being a ‘rose’, symbol of the pure, beautiful and intelligent heart.*

Located off the west coast of Scotland, Iona has been inhabited and acknowledged as a sacred island for millennia. Once the home of St Columba, ‘the Dove’, it is a major focus of pilgrimage, with its abbey attracting thousands of visitors every year from all over the world. It is a spiritual home and place of peace for many.



Not only is Iona the foremost mystical isle of the British Isles, but also in the landscape zodiac of Scotland the island acts as the bright star, Sirius, home (either metaphorical or real) of the great souls who come to our world at key moments of time as World Saviours or Redeemers.



This inspirational and educational retreat will include talks, workshops, attunements, meditations, prayer, Paneurhythmy, explorations of the island and celebration.

* The energy system of Iona as a landscape temple, consisting of two major chakra systems, a 'tree of life' configuration and a 10-sign zodiac (i.e. a double rose), was first discovered in the 1970s by Peter Dawkins, who has been researching further and sharing his knowledge of the island via these special Iona retreat weeks. Because of its unique structure and other factors, the island is itself a wonderful teacher as well as a beautiful place to relax, explore and enjoy.

Venue

St Columba Hotel, Isle of Iona, Argyll, Scotland, PA76 6SL.

Website: www.stcolumba-hotel.co.uk

Cost per person

£1099 Single accommodation sea-view

£999 Single accommodation back-view

£1030 Shared accommodation (Twin/Double) sea-view

£925 Shared accommodation (Twin) back-view

'Twin' rooms have two single beds. 'Double' rooms have a double bed.

For single occupancy of a double or twin room (if available), a supplement of £350 (sea-view) or £270 (back-view) will be required.

Cost includes seven nights' dinner, bed and breakfast, tea and coffee with meals, private use of the hotel lounge for talks, and the organisation, teaching and workshop leadership that is an integral part of the retreat week. (Vegetarian and most other dietary requirements can be catered for with advance notice.) Any other costs, such as travel to and from Iona, lunches, drinks, etc., are not included.

Booking

£200 non-refundable deposit. The full amount is payable by 1st February 2019, or on booking thereafter. See over for details ►

Leaders



[Peter Dawkins](#)



[Sarah Dawkins](#)

Right click to open links in new tab.

Bookings (and/or further information/details)

Please write to, email or phone:-

- Address: Sarah Dawkins, Old Rick Barn, Mill Lane, Sherington, Banbury, OX15 6NB, U.K.
- Email: sarah@zoence.co.uk
- Phone: 01295-678-623

A Booking Form will be sent to you. (N.B. £200 non-refundable deposit. The full amount is payable by 1st February 2019, or on booking thereafter.)

PLEASE NOTE

Booking Applications

The organisers reserve the right to refuse a booking or an application for a booking (a) if the Retreat is already fully booked, or (b) if, in their opinion, it seems appropriate to do so.

Waiting List

In the event of the Retreat being already fully booked when a booking application is made, your name can be placed on the waiting list, in case at some point someone needs to cancel their booking (which occasionally happens).

Agreement

By booking on this Iona Retreat Week, you will be agreeing that you understand that such an event on an island of this nature carries certain risks (e.g. uneven and sometimes rocky or boggy ground, some steep inclines in certain places, uncertain weather, unsupervised beaches) and that you are fully prepared to be responsible for your own safety and health, physical and psychological, as far as is normal and reasonable in such circumstances, and will have suitable and sufficient personal clothing and footwear. It is also a requirement that you have sufficient health and travel insurance for the event.

Cancelations

If, after booking, you find that you are unable to come on the retreat, we will endeavour to refund any monies paid (less £150 administration fee), depending on whether or not your place can be taken by someone else.

Travelling to Iona

Part of the excitement of Iona is that it is a small island lying off the west coast of a much larger island (Mull) lying off the west coast of Scotland. Getting to it is part of the whole Iona experience and can be very enjoyable, with travel by land and sea through some very beautiful scenery. The best information for travel can be found on the Isle of Iona website:

www.welcometoiona.com/visiting-iona/how-to-get-here